

Beyond DifferencesTM

Inspiring youth to end social isolation

NO ONE EATS ALONE DAYTM FEBRUARY 9, 2018

WHO

Beyond Differences is a student-led social justice movement and the only organization dedicated to ending social isolation by empowering students to become activists and change the culture of middle school.



WHAT

NO ONE EATS ALONE was created by Beyond Differences to encourage children to eat lunch with students they don't know, and spot others who might feel left out and include them!

In 2012

NO ONE EATS ALONE was piloted in a handful of middle schools in Marin County, California.

In 2017

900,000 students in **2000** schools across all **50** states participated in **NO ONE EATS ALONE**



Beyond Differences sends to schools, free of charge, a backpack with ORIGINAL CURRICULUM guides for teachers, and MATERIALS FOR STUDENT LEADERS to run No One Eats Alone Day.

Icebreaker games and activities bring students together and help them make new friends.

WHY

- Social isolation is a preventable public-health crisis affecting millions of students and has been identified as a precursor to bullying, self-harm and community violence.
- Studies indicate the negative impacts of social isolation include increased rates of academic failure and truancy, and increased risk of adverse medical outcomes including poor cardio vascular health, obesity and substance abuse.
- Students have shown that given the tools, they will stand up for others as empathetic and caring activists, not passive bystanders. These students are making “inclusion the new cool in school”.
- NO ONE EATS ALONE is a positive prevention initiative that works to prevent bullying before it starts by teaching students to lead the movement to change the culture of middle school!